**Comp Exam Data Guide**

Below are the variables in the data set.

1. ID = Participant Identification Number
2. Intervention = Intervention Group
   1. 1 = intervention clinic
   2. 0 = comparison clinic
3. MVPA = Moderate-to-Vigorous Physical Activity (Minutes per week)
4. Readiness = Readiness for Exercise
   1. 1 = yes (in action or maintenance stage)
   2. 0 = no (in preparation stage or earlier)
5. Gender
   1. 1 = Male
   2. 0 = Female
6. Income = Household income per month
7. Age
8. Race Ethnicity
   1. 0 = Caucasian / White
   2. 1 = Non-white Latino/a or Hispanic
   3. 2 = African-American / Black
   4. 3 = Asian-American
9. Comorbidities
   1. 1 = Yes
   2. 0 = No